

Dear UA 725 Member and Family:

We are pleased to announce an enhancement to our current benefit plan. Beginning **October 1st, 2023**, Ulliance will begin providing the new **Life Advisor Member Assistance Program (MAP)**. At **MCASF Local 725 Health & Welfare Trust Fund**, we recognize that our members are our most valuable asset, and that an investment in your well-being is a sound investment for everyone. By partnering with the Ulliance program, we are ensuring that the best possible services are available to you and your family.

The Ulliance Life Advisor Member Assistance Program is designed to help members and/or covered dependents cope with the many personal/work challenges that we all encounter from time to time. For example, you might need assistance managing stress or depression, learning new parenting skills, or finding a nursing home for a loved one. Ulliance provides many services to meet your needs, which include short-term counseling, coaching, crisis intervention, and community resources.

Other examples of areas of assistance include:

- Relationship and family concerns
- Death of a loved one
- Stress, anxiety and depression
- Substance abuse
- Eldercare or childcare referrals
- Financial or legal referrals

The Ulliance Life Advisor Member Assistance Program is **confidential, and no cost** to members, spouses, or covered dependents. To access services, including 24/7 crisis assistance, please call **800.448.8326**.

Again, Ulliance Life Advisor MAP services begin **October 1st, 2023**. An overview of services included in the Ulliance program is enclosed as well as a wallet card.

It is our hope that you and your dependents take advantage of the services the Life Advisor MAP has to offer.

Sincerely,
Board of Trustees
MCASF Local 725 Health & Welfare Fund